

VitaHealth Multivitamins with Ginseng+

A comprehensive formula designed with 20 essential vitamins and minerals combined with Panax ginseng extract as a 3-pronged approach to combat fatigue, stress and nutrient deficiency. This advance formulation works synergistically to enhance energy production, improve mental clarity and increase stress resilience, making it ideal for individuals who are constantly having a hectic lifestyle, high stress and frequent meal skipper.

VitaHealth Multivitamins with Ginseng+ was formulated with a wide spectrum of B-complex vitamins, from B1 to B12 to support efficient conversion of food into energy, helping to reduce tiredness and improve stamina to power through the day. Panax ginseng acts as a natural stress adaptogen to enhance focus, alertness and improve the body's stress resilience, making one feel more confident to take on life's challenges. Antioxidants such as selenium, vitamin C and vitamin E help protect cells from oxidative stress while supporting immune defence, which speeds up recovery effectively. The key minerals including iron, magnesium and zinc further support oxygen transport, muscle function and overall vitality—making this an ideal daily formula for sustained energy, resilience and at peak form always.



Category : Nutritionals
Manufacturer : Arnet Pharmaceutical
MAL No. : MAL26026091NCR
Barcode No. : 9322935031029
Product Code : 45206
Pack Size : 60's

Directions:

Adults – Take 1 tablet, once daily, after a meal or as recommended by a doctor or pharmacist.

Each tablet contains:

Vitamin A (<i>retinyl acetate</i>)	2665IU	Biotin	150mcg
Vitamin B1 (<i>thiamine mononitrate</i>)	1.4mg	Calcium (<i>calcium carbonate</i>)	100mg
Vitamin B2 (<i>riboflavin</i>)	1.6mg	Iron (<i>ferrous fumarate</i>)	5mg
Vitamin B3 (<i>niacinamide</i>)	18mg	Magnesium (<i>magnesium oxide</i>)	10mg
Vitamin B5 (<i>d-calcium pantothenate</i>)	20mg	Zinc (<i>zinc oxide</i>)	1mg
Vitamin B6 (<i>pyridoxine hydrochloride</i>)	2mg	Copper (<i>copper gluconate</i>)	2mg
Vitamin B12 (<i>cyanocobalamin</i>)	1mcg	Manganese (<i>manganese sulfate</i>)	2.5mg
Vitamin C (<i>ascorbic acid</i>)	60mg	Selenium (<i>selenium yeast</i>)	50mcg
Vitamin D3 (<i>cholecalciferol</i>)	200IU	Panax ginseng Root Extract <i>standardised to ginsenosides</i>	40mg 2mg
Vitamin E (<i>dl-alpha tocopheryl acetate</i>)	10IU		
Folic Acid	100mcg		

Why Choose VitaHealth Multivitamins with Ginseng+?

- Advance fatigue-targeting formula with ginseng to restore energy, stamina and mental clarity
- Comprehensive 20 nutrients coverage to fill nutritional gaps and support whole-body function
- Dual-action energy support combining B-complex vitamins and adaptogenic ginseng
- High in selenium and antioxidants to strengthen immunity and reduce oxidative stress
- Supports mental and physical performance for individuals under stress or heavy workload
- Convenient once-a-day dosage for consistent daily energy support
- Suitable for long-term use with balanced micronutrient levels

Benefits

Panax Ginseng

- Enhances physical endurance and reduces fatigue
- Improves mental performance, focus and alertness
- Increases resistance to stress and promotes overall vitality

Vitamin A, Vitamin B1, Vitamin B2, Vitamin B5, Vitamin B6, Vitamin B12, Folic Acid, Vitamin C, Vitamin D3, Vitamin E, Biotin & Niacinamide

- Prevents vitamin deficiencies and supports overall health
- Enhances energy metabolism and reduces fatigue
- Provides antioxidant protection against free radical damage
- Supports healthy skin, hair and nails
- Promotes normal growth, cognitive and nerve function
- Supports cardiovascular and metabolic health

Selenium, Zinc, Calcium, Iron, Copper, Manganese & Magnesium

- Strengthens immune defence and recovery capacity
- Supports thyroid function and metabolic balance
- Enhances bone, muscle and neuromuscular function
- Aids in red blood cell formation and oxygen transport
- Helps combat physical and mental stress

Target Customers

- Individuals experiencing chronic or unexplained fatigue
- Individuals with high stress, demanding or hectic lifestyles
- Working adults with mental exhaustion and reduced productivity
- Individuals with poor nutrition or irregular dietary intake
- Smokers and heavy drinkers requiring nutritional replenishment
- Individuals seeking daily energy and vitality support

References:

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