

VitaHealth TurmerPro

VitaHealth TurmerPro is a superior, natural total pain management formulated with patented turmeric extract, HydroCurc[®], combined with ginger root extract and black cumin seed. These ingredients have been shown to be effective in managing pain naturally. VitaHealth TurmerPro targets the root cause of pain and inflammation. It provides relief for a wide range of discomforts, including joint pain, muscle soreness, headaches, neuropathic (nerve) pain, stomach pain and cramps. When combined, HydroCurc[®], black cumin, and ginger create a comprehensive and synergistic approach as COX-2 and NF-kB inhibitors, significantly enhancing the management of pain and inflammation.



Category	: Turmeric Series		
Manufacturer	: Arnet Pharmaceutical		
MAL No.	: MAL21076078TCR		
Barcode No.	: 9322935030565		9322935030572
Product Code	: 51254		51255
Pack Size	: 30's		60's

Each capsule contains:

Turmeric Extract (<i>Curcuma longa</i> , rhizome) standardised to curcuminoids 212.5mg	250mg
Ginger Extract (<i>Zingiber officinale</i> , rhizome)	25mg
Black Cumin (<i>Nigella sativa</i> , seed)	250mg

Directions:

Adults – Take 1 capsule, once daily, after a meal or as recommended by a doctor or pharmacist. Please consult your pharmacist/doctor if symptoms persist/worsen.

Why Choose VitaHealth TurmerPro?

- **Natural alternative to non-steroidal anti-inflammatory drugs (NSAIDs)** to relieve pain and inflammation
- **High-strength (250mg)** turmeric supplement
- **Features HydroCurc[®] turmeric extract that utilises LipiSpurse[®] technology**, enabling curcuminoids to freely disperse in water for maximum absorption in the body
- Offer a safer alternative with minimal to no side effects unlike traditional painkillers

- **Added with ginger** which aids in pain relief, making it a valuable component for natural pain management and inflammation reduction
- **Enhanced with black cumin seeds** rich in thymoquinone, which have strong antioxidant properties to reduce oxidative stress and inflammation

Benefits

Turmeric Extract (HydroCurc®) (*Curcuma longa*)

- High bioavailability for superior anti-inflammatory and antioxidant properties
- Exhibits pain-relieving properties
- Decreases joint pain and improves joint functions
- Soothes arthritis condition

Ginger Extract (*Zingerber officinale*)

- Exhibits pain-relieving properties that are comparable to painkillers
- Pain-reducing properties of ginger for migraine headache, certain pain that comes with rheumatoid arthritis, and osteoarthritis
- Mediates inflammatory responses
- Supports gastrointestinal distress

Black Cumin (*Nigella sativa*)

- Inhibits inducible COX-2 Isoform
- Contains Thymoquinone (TQ) that exhibits outstanding antioxidant and anti-inflammatory activities
- Combats oxidative stress and mitigate inflammation responses
- Protects the kidneys from damage caused by factors, including toxic substances and certain medical conditions
- Helps regulate blood pressure and manage hypertension

Target Customers

- Individuals who seek natural pain relief
- Individuals with symptoms of chronic inflammation
- Individuals who are constantly having migraines
- Individuals who have chronic joint pain and muscle pain
- Individuals who are athletic or fitness enthusiasts

References:

- 1 Rahmani, A. H., Al, & Aly, S. M. (2014). Active ingredients of ginger as potential candidates in the prevention and treatment of diseases via modulation of biological activities. *International Journal of Physiology, Pathophysiology and Pharmacology*, 6(2), 125. <https://pmc.ncbi.nlm.nih.gov/articles/PMC4106649/>
- 2 Prasad, S., & Aggarwal, B. B. (2011). *Turmeric, the Golden Spice*. Nih.gov; CRC Press/Taylor & Francis. <https://www.ncbi.nlm.nih.gov/books/NBK92752/>
- 3 HydroCurc® About. (2023). HydroCurc®. HydroCurc®. <https://www.hydrocurc.com/>
- 4 Briskey, D., Sax, A., Mallard, A. R., & Rao, A. (2018). Increased bioavailability of curcumin using a novel dispersion technology system (LipiSpense®). *European Journal of Nutrition*, 58(5), 2087–2097. <https://doi.org/10.1007/s00394-018-1766-2>
- 5 Briskey, D., Roche, G., & Rao, A. (2022). The Effect of a Dispersible Curcumin (HydroCurc®) Compared to a Placebo for Reducing Joint Pain in an Adult Population – a randomised, double-blind study. *Complementary Medicine Research*, 1(1). <https://doi.org/10.1159/000524689>
- 6 Panahi, Y., Hosseini, M. S., Khalili, N., Naimi, E., Simental-Mendia, L. E., Majeed, M., & Sahebkar, A. (2016). Effects of curcumin on serum cytokine concentrations in subjects with metabolic syndrome: A post-hoc analysis of a randomized controlled trial. *Biomedicine & Pharmacotherapy*, 82(1), 578–582. <https://doi.org/10.1016/j.biopha.2016.05.037>