

## VitaHealth Saw Palmetto Plus

VitaHealth Saw Palmetto Plus is a male health-centric blend of botanical and essential nutrients formula designed to support men's health, particularly prostate, urinary, and reproductive function. VitaHealth Saw Palmetto Plus supports male reproductive health in terms of testosterone/sperm production, while easing benign prostatic hyperplasia (BPH) symptoms like frequent and weak urination.

**Category** : Men's Health  
**Manufacturer** : Vita Naturals Inc.  
**MAL No.** : MAL23126166NCR  
**Barcode No.** : 9322935030589  
**Product Code** : 45168  
**Pack Size** : 90's



### Each capsule contains:

Saw Palmetto Extract ( <i>Serenoa repens</i> , fruit)	500mg
Pumpkin Seed Oil ( <i>Cucurbita pepo</i> )	10mg
Vitamin E ( <i>d-alpha tocopheryl succinate</i> )	10IU
Zinc ( <i>zinc oxide</i> )	6mg

### Directions:

Adult Men – Take 1 vegetable capsule, once daily, after a meal or as recommended by a doctor or pharmacist.

### Why Choose VitaHealth Saw Palmetto Plus?

- Triple-action supports **prostate, urinary, and reproductive health**
- High-potency, clinical dose saw palmetto extract
- Synergistic blend with **pumpkin seed oil, vitamin E, and Zinc**
- Formulated and clinically supported to promote a healthy prostate
- Contains powerful **antioxidant protection** against free radicals
- Made from known ingredients for its efficacy and safety
- Support urinary health, promoting comfort and function
- Promotes **healthy testosterone production and function**, vital for prostate health
- Made in Canada
- Vegan formula

## Benefits

### Saw Palmetto Extract (*Serenoa repens*, fruit)

- Contains a variety of fatty acids and sterols that may help reduce inflammation and improve urinary symptoms associated with an enlarged prostate
- Can help improve urinary flow, reduce night time urination frequency in men with benign prostatic hyperplasia (BPH)

### Pumpkin Seed Oil (*Cucurbita pepo*)

- Rich in antioxidants and essential fatty acids
- May block the conversion of testosterone into dihydrotestosterone (DHT)
- Traditionally used to support prostate health, improve urinary flow, and may help reduce symptoms of BPH

### Vitamin E (*d-alpha tocopheryl succinate*)

- Powerful antioxidant to combat free radicals

### Zinc (*zinc oxide*)

- Involves in the production and function of testosterone, the hormone that regulates the prostate gland
- Helps to reduce symptoms of BPH and support overall prostate health

## Target Customers

- Men experiencing urinary symptoms such as frequent urination
- Men with low urine volume or difficulty in urination
- Men with enlarged prostate problems
- Men over the age of 35 for prostate health
- Men with a family history of prostate problems
- Men who wish to prevent alopecia

#### References:

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4. Levin, R.M. Das, A.K. (2000). A scientific basis for the therapeutic effects of *Pygeum africanum* and *Serenoa repens*. *Urol Res*, 28(3): 201-209. <https://doi.org/10.1007/s002409900098>.
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- 6 Suzuki, M., Ito, Y., Fujino, T., Abe, M., Umegaki, K., Onoue, S., Noguchi, H., & Yamada, S. (2009). Pharmacological effects of saw palmetto extract in the lower urinary tract. *Acta pharmacologica Sinica*, 30(3), 227-281. <https://doi.org/10.1038/aps.2009.1>
- 7 Zhang, K., Guo, R.Q. & Chen, S.W., et al. (2021). The efficacy and safety of *Serenoa repens* extract for the treatment of patients with chronic prostatitis/chronic pelvic pain syndrome: a multicenter, randomized, double-blind, placebo-controlled trial. *World Journal of Urology*, 39, 3489-3495. <https://doi.org/10.1007/s00345-020-03577-2>