

VitaHealth Quercetin 500mg

VitaHealth Quercetin 500mg is a high-strength quercetin supplement that is uniquely formulated as a natural alternative to antihistamines and is also equipped with immune-boosting properties. Quercetin helps relieve allergic reactions naturally without the side effects of antihistamine drugs. Quercetin is a pigment/flavonoid originating from vegetables and fruits. It is one of the most studied polyphenols in botanical tradition and has powerful antioxidant properties that neutralize free radicals. Besides its antihistamine properties, quercetin has unique strengths, such as antibacterial and antiviral properties. This makes it ideal for combating infection and boosting the immune system.



Category : Cold, Flu & Immunity
Manufacturer : Tischon Corp.
MAL No. : MAL23066040NCR
Barcode No. : 9322935030596
Product Code : 45169
Pack Size : 30's

Each vegetable capsule contains:

Quercetin	500mg
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Directions:

Adults – Take 1 vegetable capsule, once daily, after a meal or as recommended by a doctor or pharmacist.

Why Choose VitaHealth Quercetin 500mg?

- **High-strength (500mg) natural antihistamine** in the market
- **Natural alternative to antihistamine drugs**
- Does not have any side effects like other antihistamines
- **Powerful antioxidant and anti-inflammatory properties**
- Act as a **complementary approach in managing eczema** (atopic dermatitis)
- Present in **quercetin dihydrate**, which provides higher bioavailability
- Inhibits the release of histamine, thereby reducing side effects such as itchy eyes, sneezing, and sinus congestion
- Helps prevent sinusitis, asthma, and bronchitis as well as boost the immune system to fight against viral infection.
- **Vegan-friendly**

Benefits

Quercetin

- Antibacterial and antiviral properties that help boost the immune system to fight against viral infection
- Helps relieve allergic reactions by inhibiting the release of histamine, thereby reducing side effects such as itchy eyes, runny nose, and sneezing
- Helps alleviate the symptoms of upper respiratory tract infection, such as sinusitis and allergic rhinitis, and provides relief from asthma and bronchitis

Target Customers

- Individuals who rely on antihistamines and are looking for a natural alternative
- Individuals who are prone to allergic reactions
- Individuals with poor respiratory systems
- Individuals who have sinusitis
- Individuals who want to improve their immunity
- Individuals who are prone to colds and flu
- Individuals with skin allergies like eczema

References:

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- 4 Hattori, M., Mizuguchi, H., Baba, Y., Ono, S., Nakano, T., Zhang, Q., Sasaki, Y., Kobayashi, M., Kitamura, Y., Takeda, N., & Fukui, H. (2013). Quercetin inhibits transcriptional up-regulation of histamine H1 receptor via suppressing protein kinase C-β/extracellular signal-regulated kinase/poly(ADP-ribose) polymerase-1 signaling pathway in HeLa cells. *International Immunopharmacology*, 15(2), 232–239. <https://doi.org/10.1016/j.intimp.2012.12.030>
- 5 Rizky, W. C., Jihwaprari, M. C., & Mushtaq, M. (2022). Protective mechanism of quercetin and its derivatives in viral-induced respiratory illnesses. *The Egyptian Journal of Bronchology*, 16(1). <https://doi.org/10.1186/s43168-022-00162-6>