

VitaHealth Kids Multivits + Zinc

VitaHealth Kids Multivits + Zinc contains a blend of multivitamins and minerals for a broad spectrum of nutritional support for growing kids, in natural, orange-flavoured chewable tablets.

| | | |
|---------------------|---------------------|----------------------|
| Category | : Children's Health | |
| Manufacturer | : Eckhart Corp | |
| MAL No. | : MAL20040669XCR | |
| Barcode No. | : 9322935017085 | 9322935017092 |
| Product Code | : 45021 | 45022 |
| Pack Size | : 60's | 2 x 60's |



Each chewable tablet contains:

| | |
|---------------|--------|
| Vitamin A | 2500IU |
| Vitamin D | 400IU |
| Vitamin B1 | 1.05mg |
| Vitamin B2 | 1.20mg |
| Vitamin B6 | 1.05mg |
| Vitamin B12 | 4.5mcg |
| Folic Acid | 200mcg |
| Nicotinamide | 5mg |
| Vitamin E | 11IU |
| Vitamin C | 50mg |
| Chelated Zinc | 500mcg |

Why Choose VitaHealth Kids Multivits + Zinc?

- Chewable multivitamins with **10 essential vitamins**
- Provides broad spectrum of nutritional support
- **Enriched with Zinc (Chelated Zinc)** which is needed for **growth & development and immune support**
- **Synergistic antioxidants effect** – Vitamin A, C & E with Zinc
- Easily absorbed and assimilated
- Once-a-day formula
- **Contains high Vitamin D3 400mg**
- **The only formula contains Chelated Zinc 500mcg in children's multivitamin range**

Benefits

Vitamin A

- Essential for eyes and skin
- Supports immune system
- Needed for growth in children

Vitamin D

- Builds and maintains healthy teeth and bones
- Enhances calcium absorption

Vitamin B1

- Necessary for carbohydrate metabolism
- Supports healthy nerve function

Vitamin B2

- Needed for metabolism of all foods and the release of energy to cells
- Essential for maintaining healthy skin

Vitamin B6

- Needed for the metabolism and absorption of proteins and carbohydrates
- Helps in the formation of red blood cells
- Involved in healthy nerve and brain function

Vitamin B12

- Helps in the formation of red blood cells and genetic material

Folic acid

- Essential for protein metabolism, red blood cells and genetic material formation

Nicotinamide

- Needed in many enzymes that convert food to energy
- Maintains a healthy digestive tract and nervous system

Vitamin E

- Antioxidant
- Helps in the formation of red blood cells, muscles and other tissues

Vitamin C

- Antioxidant
- Healthy gums and blood vessels
- Aids in absorption of iron

Chelated Zinc

- Needed for growth and mental development during childhood
- Support a healthy immune system
- Needed for wound healing
- Enable the body to use vitamin A

Target Customers

Children aged 2 years and above:

- Who are active for nutritional support
- Who have poor dietary intake
- Who have poor appetite
- Who are picky eaters
- Who do not consume a variety of healthy foods
- Who have irregular eating habits

References:

1. U.S. Department of Health and Human Services. (n.d.-a). Office of dietary supplements - vitamin A and carotenoids. NIH Office of Dietary Supplements. <https://ods.od.nih.gov/factsheets/VitaminA-HealthProfessional/>
2. U.S. Department of Health and Human Services. (n.d.-b). Office of dietary supplements - vitamin B12. NIH Office of Dietary Supplements. <https://ods.od.nih.gov/factsheets/VitaminB12-HealthProfessional/>
3. U.S. Department of Health and Human Services. (n.d.-c). Office of dietary supplements - vitamin C. NIH Office of Dietary Supplements. <https://ods.od.nih.gov/factsheets/VitaminC-HealthProfessional/>
4. U.S. Department of Health and Human Services. (n.d.-d). Office of dietary supplements - vitamin D. NIH Office of Dietary Supplements. <https://ods.od.nih.gov/factsheets/VitaminD-HealthProfessional/>
5. U.S. Department of Health and Human Services. (n.d.-e). Office of dietary supplements - zinc. NIH Office of Dietary Supplements. <https://ods.od.nih.gov/factsheets/Zinc-HealthProfessional/>

Comparison (When applicable)



| Product | Kids Multivits + Zinc | Kids Multivits Jellybean | Kids Multivits + Lysine & Inulin | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--------------------------------|---|--|---|-----------|-------|------------|--------|------------|--------|------------|--------|-------------|--------|------------|--------|--------------|-----|-----------|------|-----------|------|---------------|--------|--|-----------|--------|--------|-----|------------|-------|------------|--------|-------------|---------|-----------|------|-----------|--------|-----------|-----|------------|---------|--------|-------|--------|---------|------|-------|--|-----------|--------|------------|--------|------------|-------|------------|-----|------------|--------|-------------|------|-----------|------|------------|-------|-----------|-----|------------|-------|--------|------|--------|------|
| Formula | <table border="0"> <tr><td>Vitamin A</td><td>2500IU</td></tr> <tr><td>Vitamin D</td><td>400IU</td></tr> <tr><td>Vitamin B1</td><td>1.05mg</td></tr> <tr><td>Vitamin B2</td><td>1.20mg</td></tr> <tr><td>Vitamin B6</td><td>1.05mg</td></tr> <tr><td>Vitamin B12</td><td>4.5mcg</td></tr> <tr><td>Folic Acid</td><td>200mcg</td></tr> <tr><td>Nicotinamide</td><td>5mg</td></tr> <tr><td>Vitamin E</td><td>11IU</td></tr> <tr><td>Vitamin C</td><td>50mg</td></tr> <tr><td>Chelated Zinc</td><td>500mcg</td></tr> </table> | Vitamin A | 2500IU | Vitamin D | 400IU | Vitamin B1 | 1.05mg | Vitamin B2 | 1.20mg | Vitamin B6 | 1.05mg | Vitamin B12 | 4.5mcg | Folic Acid | 200mcg | Nicotinamide | 5mg | Vitamin E | 11IU | Vitamin C | 50mg | Chelated Zinc | 500mcg | <table border="0"> <tr><td>Vitamin A</td><td>200mcg</td></tr> <tr><td>Niacin</td><td>8mg</td></tr> <tr><td>Vitamin B6</td><td>0.7mg</td></tr> <tr><td>Folic Acid</td><td>100mcg</td></tr> <tr><td>Vitamin B12</td><td>1.25mcg</td></tr> <tr><td>Vitamin C</td><td>40mg</td></tr> <tr><td>Vitamin D</td><td>2.5mcg</td></tr> <tr><td>Vitamin E</td><td>6mg</td></tr> <tr><td>Vitamin K1</td><td>37.5mcg</td></tr> <tr><td>Biotin</td><td>25mcg</td></tr> <tr><td>Iodine</td><td>22.5mcg</td></tr> <tr><td>Zinc</td><td>1.5mg</td></tr> </table> | Vitamin A | 200mcg | Niacin | 8mg | Vitamin B6 | 0.7mg | Folic Acid | 100mcg | Vitamin B12 | 1.25mcg | Vitamin C | 40mg | Vitamin D | 2.5mcg | Vitamin E | 6mg | Vitamin K1 | 37.5mcg | Biotin | 25mcg | Iodine | 22.5mcg | Zinc | 1.5mg | <table border="0"> <tr><td>Vitamin A</td><td>1000IU</td></tr> <tr><td>Vitamin B1</td><td>535mcg</td></tr> <tr><td>Vitamin B2</td><td>0.6mg</td></tr> <tr><td>Vitamin B3</td><td>6mg</td></tr> <tr><td>Vitamin B6</td><td>494mcg</td></tr> <tr><td>Vitamin B12</td><td>1mcg</td></tr> <tr><td>Vitamin C</td><td>20mg</td></tr> <tr><td>Vitamin D3</td><td>150IU</td></tr> <tr><td>Vitamin E</td><td>5IU</td></tr> <tr><td>Folic Acid</td><td>60mcg</td></tr> <tr><td>Lysine</td><td>96mg</td></tr> <tr><td>Inulin</td><td>20mg</td></tr> </table> | Vitamin A | 1000IU | Vitamin B1 | 535mcg | Vitamin B2 | 0.6mg | Vitamin B3 | 6mg | Vitamin B6 | 494mcg | Vitamin B12 | 1mcg | Vitamin C | 20mg | Vitamin D3 | 150IU | Vitamin E | 5IU | Folic Acid | 60mcg | Lysine | 96mg | Inulin | 20mg |
| Vitamin A | 2500IU | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin D | 400IU | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin B1 | 1.05mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin B2 | 1.20mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin B6 | 1.05mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin B12 | 4.5mcg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Folic Acid | 200mcg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Nicotinamide | 5mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin E | 11IU | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin C | 50mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Chelated Zinc | 500mcg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin A | 200mcg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Niacin | 8mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin B6 | 0.7mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Folic Acid | 100mcg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin B12 | 1.25mcg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin C | 40mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin D | 2.5mcg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin E | 6mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin K1 | 37.5mcg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Biotin | 25mcg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iodine | 22.5mcg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Zinc | 1.5mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin A | 1000IU | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin B1 | 535mcg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin B2 | 0.6mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin B3 | 6mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin B6 | 494mcg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin B12 | 1mcg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin C | 20mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin D3 | 150IU | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin E | 5IU | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Folic Acid | 60mcg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Lysine | 96mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Inulin | 20mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Direction | Children >2 years old: Chew 1 tablet daily | Children > 4 years old: Take 3 jellybeans daily | Children 1-4 years old: 2.5ml Children > 4 years old: 5ml | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Benefits & features | <ul style="list-style-type: none"> • Supports growth and development in kids • Boosts immunity • Increases energy level • Suitable for kids who has physical growth delays | <ul style="list-style-type: none"> • Promotes mental development • Strengthens bone health • Aids wound healing • Boosts immune system • Suitable for rapid-growing stage in kids | <ul style="list-style-type: none"> • Improves appetite in kids • Promotes healthy digestion and metabolism • Increases energy level • Suitable for kids who are picky eaters and/or underweight | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |