

VitaHealth[®] CoQ10 75mg

VitaHealth[®] CoQ10 75mg is a premium daily supplement formulated to support energy production, cardiovascular health, and overall vitality. It helps reduce fatigue and maintain energy levels during stress, heavy workload, or an active lifestyle, while supporting healthy heart function and circulation for efficient oxygen and nutrient delivery. With antioxidant protection against oxidative stress and naturally efficient absorption, it is an ideal daily supplement for long-term wellness and additional support for individuals taking statin medication.



Category	: Heart & Circulation	
Manufacturer	: Yanling Natural Hygiene Sdn Bhd	
MAL No.	: MAL25106098NC	
Barcode No.	: 93 22935030817	93 22935030824
Product Code	: 45186	45187
Pack Size	: 30's	60's

Each vegetable capsule contains:

CoQ10 (<i>Ubiquinone</i>)	75mg
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Directions:

Adults – Take 1-2 vegetable capsule, once daily, after meals or as recommended by a doctor or pharmacist.

Why Choose VitaHealth[®] CoQ10 75mg?

- **Premium CoQ10 formula** for targeted cellular energy support
- Designed for **daily energy optimisation and fatigue prevention**, not just correction
- Supports **consistent ATP production** to maintain stamina, focus, and productivity throughout the day
- Helps **counter early decline of CoQ10** levels due to aging, stress, and lifestyle factors
- Suitable for individuals seeking **sustainable energy without stimulants**
- **Excellent vegetarian source of CoQ10** for strict vegans/vegetarians
- Convenient once-daily dosage for **long-term energy maintenance**

Benefits

Coenzyme Q10 (Ubiquinone)

- Supports healthy heart and circulatory function
- Enhances cellular energy production (ATP) for sustained energy and vitality
- Help reduce fatigue and improve physical endurance
- Supports mental clarity and cognitive performance
- Acts as a powerful antioxidant to protect cells from oxidative damage
- Helps maintain overall cellular health and aging resilience

Target Customers

- Individuals experiencing low energy or daily fatigue
- Individuals with heart health concerns
- Individuals with demanding mental and physical workloads
- Individuals seeking affordable long-term energy and vitality support
- Individuals with active lifestyles requiring sustained performance
- Individuals following vegan or vegetarian diets
- Individuals on statin therapy requiring CoQ10 replenishment

References:

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Choosing Your Right Cardio-Energy Boosting Formula



Product	CoQ10 75mg	CoQ10 100mg Plus	Active CoQ10 Ubiquinol 100mg
Target Function	Daily cardio-energy beginner friendly formula	Enhanced cardio-energy recovery formula	Ultimate cardio-energy boosting formula
Formulation	75mg CoQ10 Ubiquinone	100mg CoQ10 Ubiquinone 120mg Lecithin 50IU Vitamin E	100mg CoQ10 Ubiquinol
Dosage form	Vegetable capsule	Bovine softgel	Vegetable softgel
Daily energy maintenance	Super strong	Super strong	Super strong
Energy boost & performance	Strong	Super strong	Super strong
Fatigue recovery support	Strong	Strong	Super strong
Antioxidant strength	Strong	Super strong	Super strong
Heart circulatory support	Strong	Strong	Super strong
Ageing & vitality support	Strong	Super strong	Super strong
Take this if you want:	Direct accessible energy maintenance for every age group regardless of sedentary or active lifestyle	Younger or active individual with selective performance support	Younger or active individual with selective performance support Elderly with ageing health conditions Top choice for premium CoQ10 alternative
Halal	✓	✓	✓
Vegetarian status	✓	✗	✓