

VitaHealth Active CoQ10 Ubiquinol 100mg

VitaHealth Active CoQ10 Ubiquinol 100mg delivers highly bioavailable Kaneka Ubiquinol™, produced through a unique patented yeast fermentation process to ensure safety and quality. This stable form of ubiquinol is the most clinically studied, offering trusted support for healthy ageing.

Ubiquinol is the reduced, more bioavailable form of coenzyme Q10 (CoQ10). With age, the body's production of ubiquinol and its ability to convert ubiquinone into ubiquinol decline, making supplementation with stabilised active ubiquinol potentially helpful in managing oxidative stress and protecting cells from free radical damage. CoQ10 is naturally present in the body and some foods, and it is essential for cellular energy production, with higher concentrations in energy-demanding organs such as the heart, liver, muscles, and kidneys.



Category : Heart & Circulation
Manufacturer : Catalent Japan K. K. Kakegawa Factory
MAL No. : MAL24086115NCR
Barcode No. : 9322935030398
Product Code : 45156
Pack Size : 30's

Each softgel contains:

Coenzyme Q10 (<i>ubiquinol</i>)	100mg
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Directions:

Adults – Take 1-3 vegetable softgels, once daily, after a meal or as recommended by a doctor or pharmacist.

Why Choose VitaHealth Active CoQ10 Ubiquinol 100mg?

- **Features 100mg ubiquinol, the reduced and more easily absorbed form of CoQ10**, delivered in a single vegetable softgel
- Produced using a unique, patented yeast fermentation process
- **Supports antioxidant defence** by neutralizing free radicals and **aids energy production** by helping mitochondria generate ATP, the body's main energy source

- **Support heart health** by boosting cellular energy production and reducing oxidative stress and inflammation in blood vessels
- **Maintain healthy cholesterol level** by preventing LDL oxidation and counteracting statin-related CoQ10 depletion
- **Improve fertility in both men and women** by improving mitochondrial function and reducing oxidative stress, which enhances sperm quality in men and egg health in women. Its antioxidant properties help protect reproductive cells from damage, supporting overall reproductive health

Benefits

Coenzyme Q10 (ubiquinol)

- Maintains a healthy heart and circulatory system
- Restores brain function
- Protects against neurodegenerative diseases, such as Alzheimer's disease and Parkinson's disease
- Increases mental alertness
- Increases energy and vitality
- Powerful antioxidant against free radicals

Target Customers

- Individuals who wish to improve heart function
- Individuals who take statins
- Individuals who have symptoms of fatigue and weakness
- Individuals who wish to improve fertility
- Individuals who wish to maintain a healthy cholesterol level
- Individuals who wish to improve energy levels

References:

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